FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * <u>RICKETTS LAWRENCE</u> (Last) (First) (Middle) <u>60 CUTTER MILL ROAD</u>	2. Issuer ONE LIBERTY PROPERTIES INC 3. Date of Earliest Transaction (Month 08/03/2022	/Day/Year)	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) □ Director □ 10% Owner ☑ Officer (give title below) □ Other (specify below Exec.Vice President and COO
(Street) <u>GREAT NECK, NY 11021</u> (City) (State) (Zip)	4. If Amendment, Date Original Filed (Month/Day/Year)	 6. Individual or Joint/Group Filing (Will be automatically set) Form filed by One Reporting Person Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	Date (Month/	2A. Deemed Execution Date, if any (Month/ Day/ Year)	(Instr. 8)		4. Securities Acqu (Instr. 3, 4 and 5)	ired (A) or Disposed of	f (D)	5. Amount of Securities		7. Nature of Indirect Beneficial Ownership
			Code	V	Amount	(A) or (D)		Owned Following Reported	Form: Direct (D) or Indirect (I) (Instr. 4)	(Instr. 4)
Common Stock	08/03/2022		А		9,455	А	(1)	172,064.863	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	Conversion	cise Day/Year) ve	3A. Deemed Execution Date, if any (Month/ Day/ Year)	4. Transaction Code (Instr. 8)		Derivative Securities			7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Derivative Security	Securities	Ownership Form of	Beneficial
				Code	v	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Expiration Date		Amount or Number of Shares	Ow. Fol Rep Tra	Owned Following Reported Transaction(s)	Direct (D) or Indirect	Ownership (Instr. 4)

Explanation of Responses:

Represents the date that the compensation committee determined that the metrics with respect to the shares underlying the RSUs granted in 2019 had been satisfied. The related 1. performance period ended lune 30, 2022.

Remarks:

Lawrence Ricketts by David W. Kalish, his attorney 08/05/2022 in fact

**Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v). ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a). Note: File three copies of this Form, one of which must be manually signed.

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